

YP Coastal 21.1km course notes – Revision 1 Sat March 25th 2017.

Please remember that this event is a self-supported run so please carry your own supplies.

Please try and meet for a race briefing and bib collection no later than 6:45am. We start at 7:00am on First Street outside the Ardrossan Hotel on the left hand side of the medium strip facing down to the ocean.



Head directly towards the ocean along First Street and turn right at the coastal “Walk the Yorke” path just behind the carpark (pictured).



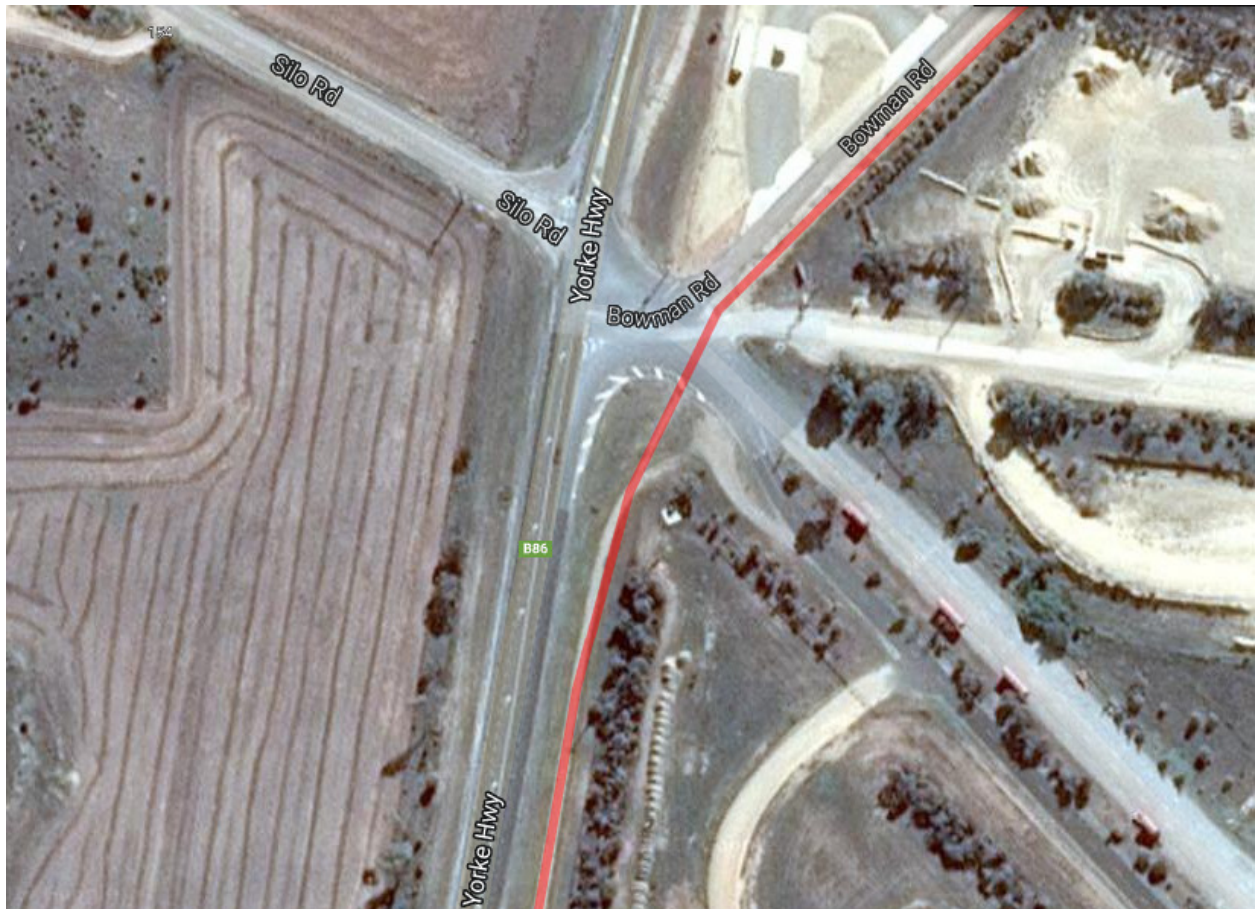
These yellow “Walk the Yorke” signs should be posted every 150 metres or so all along the course.



Follow the “Walk the Yorke” yellow signs and you will turn right into Adam Street at about the 1.2km mark



and then left into Bowman Road. At about the 2.25 km mark Bowman Road will end



and you will veer left and be running on the path along the left hand side of the Yorke Highway.

Follow the highway and turn left into Parara Road at about the 4.4km mark.



You will then run towards the ocean and turn right at about the 5.2km



mark and continue to follow the path all the way to about the 7km mark where you will pass Pavy Creek



Then at the 7.8km mark where you will reach James Well and run on James Well Road.



Follow this road through the town until you reach Rogues Point Road (about the 9.7km mark) where you will turn right and then immediately left again onto Chapman Road.



Follow Chapman Road through Rogues Point township and then at about the 10.3km mark you will again be following the path until the turn-around point (which will have a marker in place) at about the 10.5 km mark.



Follow back to the start and repeat if you are running the marathon.

The distances mentioned are approximate but close to the mark.